



# NEET-PG

PART-B

VOLUME-III  
Pharmacology





# **PHARMACOLOGY**

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## Pharmacology -

Science dealing w DRUG

- 1) what happens to drug
- 2) what happens to body due to drug

PK - effect of Body on drug

Pharmacodynamics - effect of Drug on Body (HR, BP etc)

### PHARMACOKINETICS

=      A          D          M          E          → study  
          ↓          ↓          ↓                   ↘  
         absorp<sup>n</sup>    distrib<sup>n</sup>    Metabolism    excretion

### ABSORPTION

#### ROUTE OF ADMINISTRATION

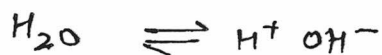
Absorp<sup>n</sup> is movement of drug from site of administration to blood.

Drug should cross membrane for absorption.

#### Factors

#### 1) Lipid solubility

varies a/c to site.



Ionised form of drug is water soluble.

Non-ionised form of drug is lipid soluble

⇒ It depends on

1) pH

2) medium

\* When medium is same → drug will cross.

→ If drug is acidic → it will cross in acidic medium

→ Basic drug crosses in Basic medium

\* Acidic Drug will not cross in Basic medium

becoz it gets ionised (water soluble)

Drug   Med

A   A   LS   Non-I   ✓

B   B   LS   Non-I   ✓

A   B   WS   Ion   ✗

B   A   WS   Ion   ✗

Drug = Acidic/Basic.

pH = ?

pKa (Acidic Dissociation constant)

That pH at  $\leq$  50% of drug can cross  
 • 50% is water soluble. (lipid-soluble)

eg An acidic drug having  $pK_a = 6$   
 Place the drug in mediums of  
 different pH

| pH | LS   | WS   |
|----|------|------|
| 3  | 99.9 | 0.1  |
| 4  | 99   | 1    |
| 5  | 90   | 10   |
| 6  | 50   | 50   |
| 7  | 10   | 90   |
| 8  | 1    | 99   |
| 9  | 0.1  | 99.9 |

Henderson Hasselbach Eq<sup>n</sup>

$$pH = pK_a + \log \frac{\text{Ionised}}{\text{Non-I}}$$

eg a) Aspirin

acidic drug

absorbed from stomach due to acidic pH

b) Morphine

Basic drug.

can't be absorbed from stomach due to acidic

absorbed from intestine where pH is basic

So, Acidic Drug:- absorbed from stomach  
a/c to this eq<sup>n</sup>

Basic Drugs:- absorbed from intestine  
a/c to this eq<sup>n</sup>.

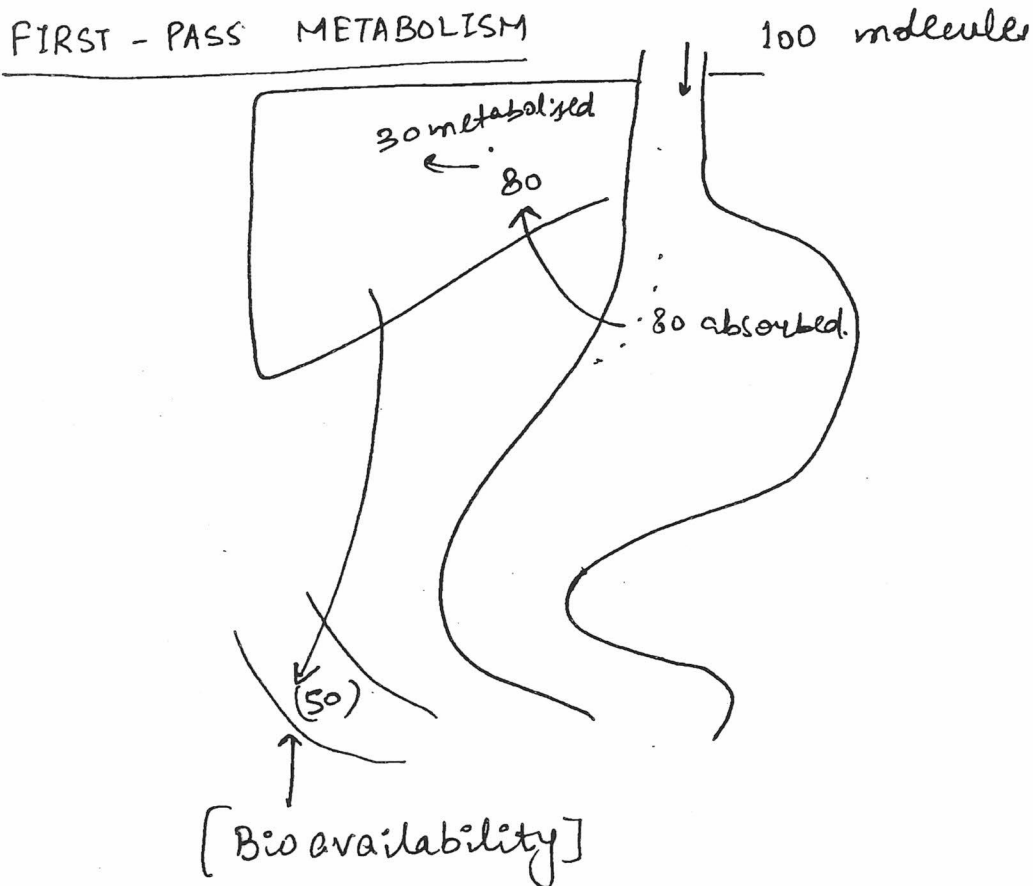
\* But practically all ~~drugs~~ drugs are more absorbed from intestine due to other factors -

1) transit time

very less in stomach. (30min)  
more in intestine

2) surface area

more in intestine, hence more absorption takes place.



Bioavailability → biologically available, % of drug available for action.

can be in fraction (0.5) or % (50%)



\* Clinical Importance -

1) Lesser bioavailability, more the dose.

It determines the dosage

If a drug given by I.V. route, bioavailability is 100%.

\* FACTORS on  $\bar{c}$  bioavailability depends :-

1) Absorp<sup>n</sup>.

If more absorp<sup>n</sup>, <sup>more</sup> ~~less~~ bioavailability

2) First Pass Metabolism

If more metabolism, less bioavailability  
max. 1st pass met. seen in oral route  
also seen in rectal route

eg. Nitroglycerin.  $\rightarrow$  100% absorp<sup>n</sup> approx.

But bioavailability is very poor due to  
very high 1st pass metabolism

Hence given sublingual route

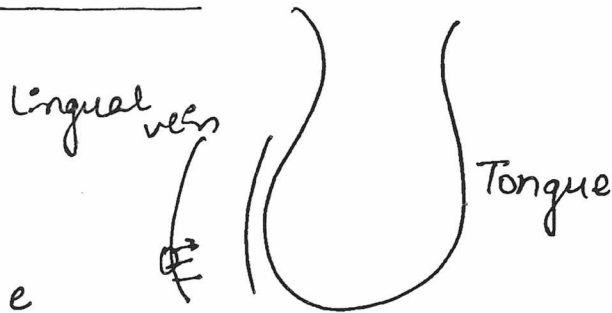
DRUGS  $\bar{c}$  High 1st Pass Met

L - Lignocaine

P - Propranolol

G - GTN.

Sublingual Route :-



Advantage

- ① 100% bioavailability
- ② no 1st pass metabolism
- ③ Faster Action

Hence useful in emergency

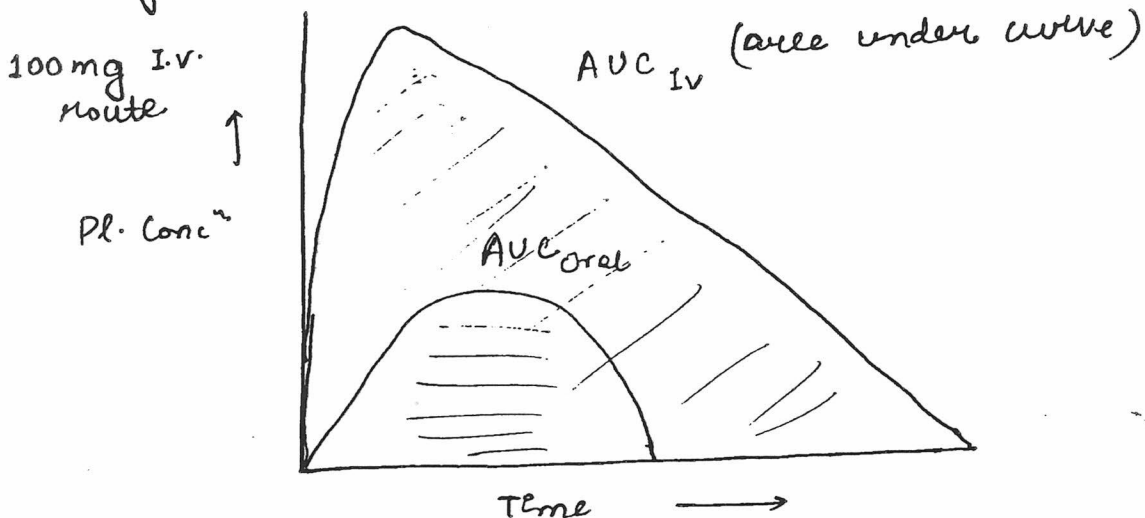
eg. 10 mg of nitroglycerine is administered sublingually  
 5mg is absorbed, rest 5mg is in mouth

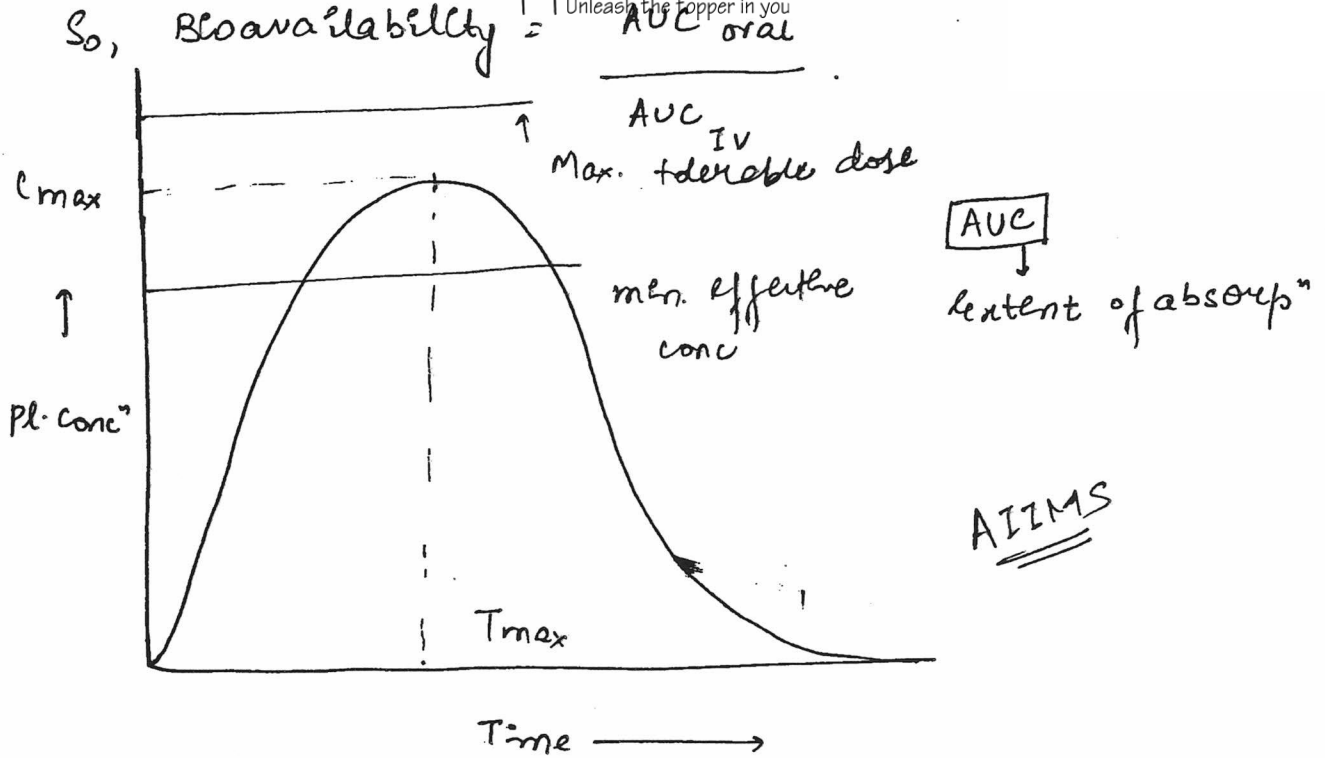
④ Rest drug can be spit thus  
 effect can be terminated.

⑤ self administration is possible, no expertise  
 hence I.v. route not used for NTG.

How to measure Bioavailability?

Drug A by oral route?





$T_{max}$  - time at  $\leq$  Pl. conc<sup>n</sup> is max.  
tells about rate of absorption.

Low  $T_{max}$   $\rightarrow$  can be utilised in emergency

$C_{max}$  - max conc<sup>n</sup> obtained at that particular dose

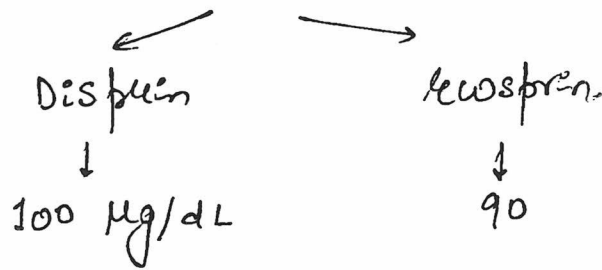
It should lie bet<sup>n</sup> Max tolerable dose,  
Min. effective conc<sup>n</sup>

### BIOEQUIVALENCE

If bioavailability of 2 brands of same drug is similar they are called bioequivalent

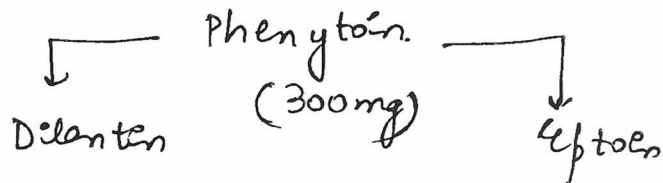
eg

Toppersnotes  
Unleash the toppers in you  
ASpirin (500mg)



If bioavailability is variable  $\pm 20\%$ , bioavailability is considered same. (Bioequivalent)

exception - Phenytoin  $\rightarrow$  not bioequivalent

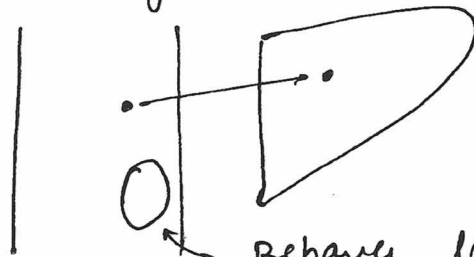


So, brand can't be changed for phenytoin

## DISTRIBUTION

- The amount of drug  $\propto$  reaches blood gets distributed
- Depends upon ① Lipid solubility + other factors

### ② Plasma Protein Binding



Behaves like big molecule due to plasma protein binding

More PPB means less distribution.

\* Proteins on  $\leq$  drug binds  $\rightarrow$

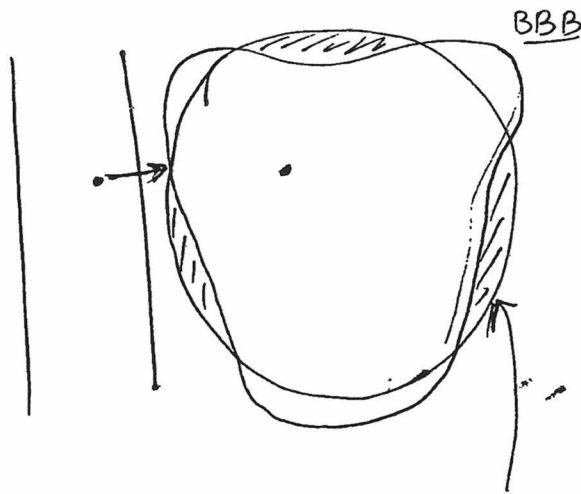
Albumin

Acidic drugs binds to albumin

$\alpha_1$ -Acid gp

Basic drugs bind to  $\alpha_1$ -acid gp.

### ③ BBB



\* Areas where BBB is absent (Cereum ventricles & organs)

1) Area Postrema

2) Post-Pituitary

3) Lamina Terminalis

4) Organum Vasculosum

5) Chemo Receptor Trigger Zone (CTZ)

$\hookrightarrow$  All drugs can cause  $\rightarrow$  nausea vomiting except anti-emetic & anti-psychotic

Har drug CTZ ko ungle kake nikal jata hai

\* 2 Drugs Do not cause Placenta e- Insulin  
 - Heparin.

### Teratogenic Drugs

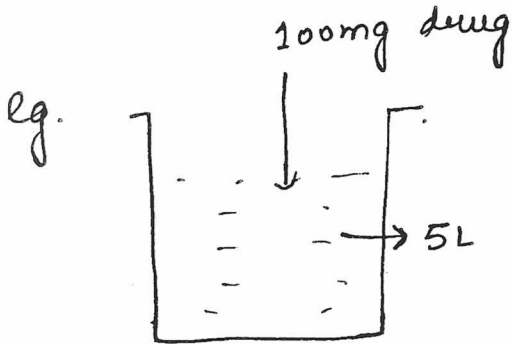
1) Thalidomide  $\longrightarrow$  causes Phocomelia  
 even single dose | absent long bones  
 caused teratogenicity | or sea-limbs

$\rightarrow$  Nowadays used for Multiple myeloma +  
 Anti-cancer

\* How to measure Distribution?

Volume of Distribution ( $V_D$ ) or  $aV_D =$  apparent  $V_D$ .

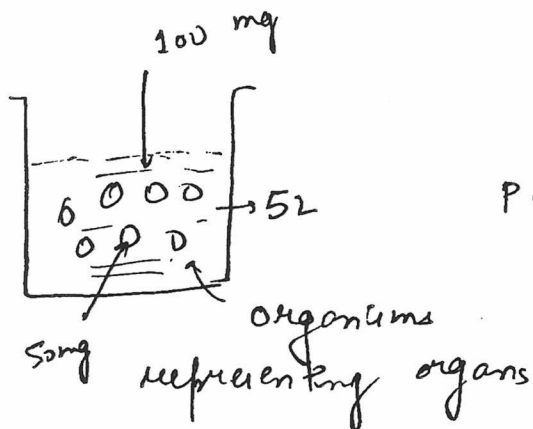
$$V_D = \frac{\text{Amount given}}{\text{Pl. conc}^n \text{ obtained}}$$



$$\text{Pl. conc}^n = \frac{100}{5} = 20 \text{ mg/L.}$$

$$V_D = \frac{100}{20} = \textcircled{5 \text{ L}}$$

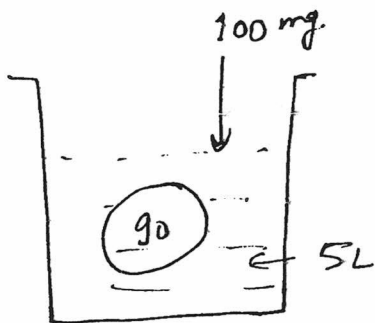
this happens  
 when no distribution  
 occurs . .



$$\text{PC} = \frac{50}{5} = 10 \text{ mg/L}$$

$$V_D = \frac{100}{10} = \textcircled{10 \text{ L}}$$

More the volume of Distribution, more drug is distributed in various organs.



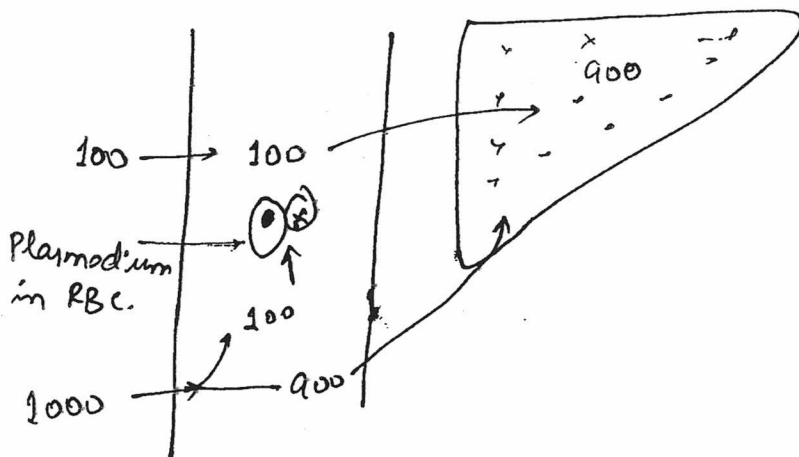
$$\text{Pl. Conc}^n = \frac{100}{50} = 2 \text{ mg/L}$$

$$V_D = \frac{100}{2} = 50 \text{ L.}$$

Clinical Importance-

Hypothetical vol req. to accommodate the drug  
 eg chloroquine  $\rightarrow$  max.  $V_D$ . ( $V_D > 1300 \text{ L}$ )

~~like~~ chloroquine is concentrated in liver.



So, High Dose is required for action if  $V_D$  is more

Loading Dose -

Initial High Dose given to start the effect of a drug

So It depends upon distribution.

$$L.D. = V_D \times \text{target Pl. Conc}^n$$

## Maintenance Dose

It doesn't depend on  $V_D$

It depends upon clearance

$$M.D. = \text{Clearance} \times \text{Target Pl. Conc}^n$$

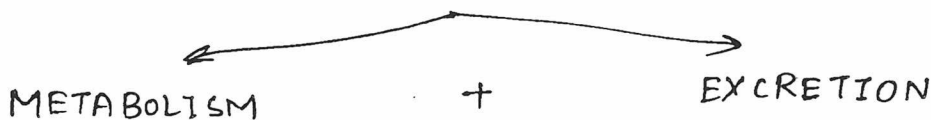
If M.D. given as 20mg / hour in 24 hrs

∴ Total M.D. =  $20 \times 24$ .

## ELIMINATION

Stoppage of action of drug is called elimination

2 methods



## METABOLISM

### TYPES

Active → Inactive

Active → Active

Inactive → Active [Prodrug]



All - ACE ⊖ Except Captopril + Lisinopril

Prefer - PPI

Doing Diprerpine → forms adrenaline

M - Methyllopa, Menoxidil, Mercaptopurine.

D - L-Dopa

In - Irinotecan

Clinical - Cyclophosphamide, Clopidogrel, Carbamazole

Subjects - Sulfasalazine

Purpose of Metabolism → to make drug water soluble.

CATABOLISM

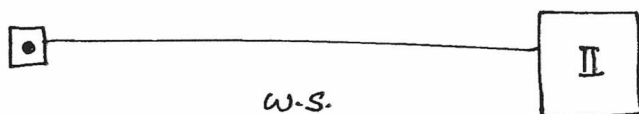
Phase 1

- (nc) Oxidation
- Redu<sup>n</sup>
- Hydrolysis
- Cyclization
- Deamination..

ANABOLISM

Phase 2

- (nc) (Conjugation Rns)
- Glucuronide
- Glutathione
- Acetyl
- Methyl
- Sulfate



Func<sup>n</sup> of Phase-I ⇒ attach the functional group to the drug so that conjugation can be done

## ENZYMES

Microsomal

Non-Microsomal

Enzymes +nt inside microsome  
or endoplasmic reticulum

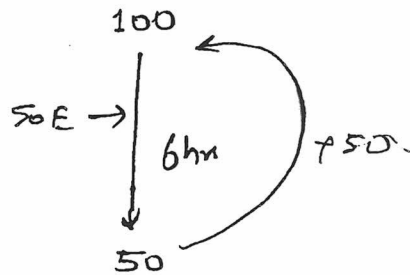
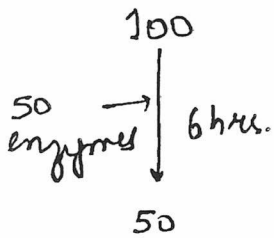
Not +nt inside ER

Can be induced/inhibited

(\*)

eg. warfarin.

Heparin.



• on adding rifampicin (enzyme inducer), metabolism of warfarin  
↑ • so ↑ dose is required

• on adding cimetidine (enzyme inhibitor), metabolism of warfarin  
↓ • so ↓ dose is required

### \* Enzyme Inducers

G - Clozapine

P - Phenytoin

R - Rifampicin

S - smoking → [Nicotine is not an enzyme inducer]

Cel - Carbamazepine

Phon - Phenobarbitone

Smokers require high dose of theophylline  
 they stop smoking dose readjusted

### Enzyme Inhibitors

Vit - valproate

K - ketoconazole

can cimetidine

cause - ~~clpp~~ ciprofloxacin.

enzyme - erythromycin

Inhibitor - INH

(vit K doesn't cause enzyme inhibition)

### CYP Enzymes

Cytochrome P<sub>450</sub> enzymes

↓  
 pigment  $\epsilon$  absorbs light of 450 nm  $\lambda$ .

CYP 3A4 → gene

↓ represents family  
 ↘ subfamily

CYP 2D6

20% drug are met.

50% of drugs are metabolised

Drugs Met. By CYP 3A4 → CT SCAN

C - CCB, cyclosporine

T - Tacrolimus

S - Statins

→ cause QT Prolongation

C - CAT drugs (Cisapride, Astemizole, Terfenadine)

CAT is QuTe (ute)

A- Amiodarone

V- NAVER

