



NEET - UG

NATIONAL TESTING AGENCY

Physics

Volume - 3



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SIMPLE HARMONIC MOTION

Oscillations:

Periodic Motion:

- * That motion which repeats itself after a regular time interval.
- * That regular time interval is called time period of the motion.

Example: Rotation of planet around the sun, rotation of earth, uniform circular motion.

- * If a particle repeats its motion after every fixed interval of time, which is called periodic time the motion is said to be periodic.

Its angular frequency is given as $\omega = \frac{2\pi}{T}$

Ques.: Find ω for second hand in a watch $\omega_s = \frac{2\pi}{60} = \frac{\pi}{30} \frac{\text{rad}}{30\text{sec}}$

Find ω for minute hand in a watch $\omega_m = \frac{2\pi}{60 \times 60} = \frac{2\pi}{3600} = \frac{\pi}{1800}$

Find ω for revolution of earth $\omega_E = \frac{2\pi}{365 \times 86400}$

Oscillatory:

- * That periodic motion which is about a fixed point, like to-and-fro, back-and-forth, up-and-down.

Example:

- * The needle of a sewing machine.
- * The motion of a ball in bowl.

Note: All oscillatory motion are periodic but all periodic motion are not oscillatory.

Harmonic Functions:

- * Those mathematical trigonometric functions which are periodic and continuous.

$$y = \sin kx$$

$$y = \cos kx$$

Simple Harmonic Motion:

- * If a particle moves up and down (back and forth) about a mean position (also called equilibrium position) in such a way that a restoring force/torque acts on a particle which is proportional to displacement, then motion is called simple Harmonic Motion (SHM).

Example: Motion of body suspended by a spring.

- * For SHM

Equation of SHM: Every SHM can be best represented as a projection of a particle in circular motion on its diameter.

$x = A \sin \theta = A \sin \omega t \quad \dots(1)$

$v = \frac{dx}{dt} = A \omega \cdot \cos \omega t$ (velocity)

$a = \frac{dv}{dt} = -\omega^2 \cdot A \cdot \sin \omega t$ (acceleration)

$\Rightarrow \frac{d^2x}{dt^2} = -\omega^2 x$ (from eqn. (1))

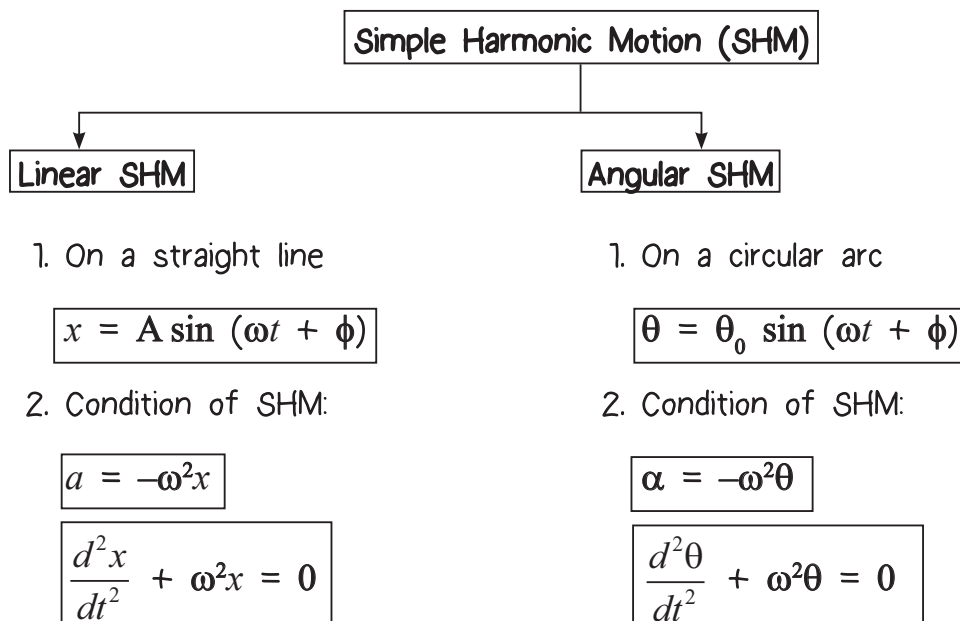
$\Rightarrow \boxed{\frac{d^2x}{dt^2} + \omega^2 x = 0}$

$x = A \sin \theta = A \sin \omega t \quad \dots(1)$

$v = \frac{dx}{dt} = A \omega \cdot \cos \omega t$ (velocity)

$a = \frac{dv}{dt} = -\omega^2 \cdot A \cdot \sin \omega t$ (acceleration)

- * Called "Basic Differential Equation" of motion of a particle in SHM.



Simple Harmonic Motion

3. Restoring Force:

$$\mathbf{F} = -m\omega^2x$$

$$k = m\omega^2$$

4. Time Period:

$$\mathbf{T} = 2\pi\sqrt{\frac{m}{k}}$$

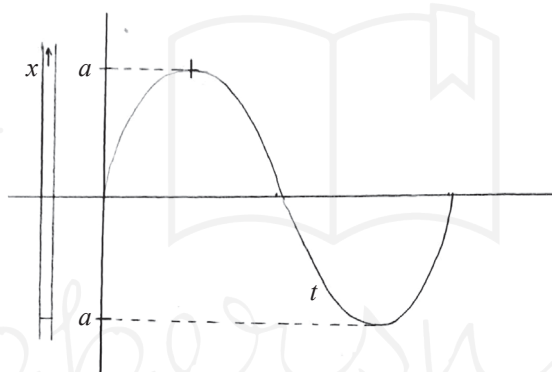
3. Restoring Torque:

$$\mathbf{\tau} = -I\omega^2\theta$$

4. Time Period:

$$\mathbf{T} = 2\pi\sqrt{\frac{I}{mgl}}$$

Ques.: Find the amplitude at $t = \frac{3T}{4}$.



at

$$t = \frac{3T}{4}$$

$$x = a \sin \frac{2\pi}{T} \times \frac{3T}{4}$$

$$x = a \sin \frac{3\pi}{2}$$

Ques.: A particle starts performing SHM and starts from mean position towards the extreme.

Find time taken by particle from 0 to $a/2$

Solns.:

$$x = \frac{a}{2}$$

$$= \frac{a}{2} = a \sin (\omega t)$$

$$= \sin \frac{\pi}{6} = \sin \frac{2\pi t}{T}$$

$$= \frac{\pi}{6} = \frac{2\pi t}{T}$$

$$\Rightarrow t = \frac{T}{12} \text{ sec}$$

Phase:

- * The ' ωt ' as a whole or ' $\omega t + \theta$ ' as a whole gives the phase of the particle.
- * Phase at any time gives the location & direction of velocity, it also tells the total distance covered by the particle.

For eg: If a particle has a phase $\frac{\pi}{3}$ & $\frac{2\pi}{3}$ at

Two different time then one particle is moving away from the mean position while the other is moving towards mean position.

$$= \frac{\pi}{3}, \frac{2\pi}{3}$$

$$= x = a \sin \omega t$$

$$v = a \omega \cos \omega t$$

$$= x^2 = a \sin\left(\frac{\pi}{3}\right), x_2 = a \sin\left(\frac{2\pi}{3}\right)$$

$$= x_1 = \frac{\sqrt{3}a}{2}$$

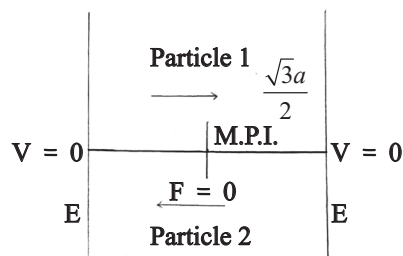
$$x_2 = \frac{\sqrt{3}a}{2}$$

$$V_1 = a\omega \cos\left(\frac{\pi}{3}\right)$$

$$V_2 = a\omega \cos\left(\frac{2\pi}{3}\right)$$

$$V_1 = \frac{a\omega}{2}$$

$$V_2 = \frac{-a\omega}{2}$$



- Initial phase = choice of $t = 0$
- Even if particle has some initial phase, its mean position does not change.

Simple Harmonic Motion

Initial Phase:

The phase at time $t = 0$ is known as the initial phase.

Let the particle's equation is

$$x^1 = a \sin (\omega t + \theta) \text{ then on putting}$$

$$t = 0 \text{ let the particle is at } x^1,$$

then the initial phase will be

$$= x^1 = a \sin (\omega \times 0 + \theta)$$

$$\Rightarrow \sin^{-1} \left(\frac{x^1}{a} \right) = \theta$$

Initial phase does not represent the mean position. Mean position is that where force = 0,

$$\text{acc}^n = 0, x = 0$$

For eg:

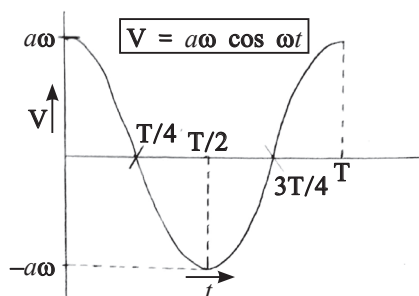
$$\text{Let the particle equation is } x + 1 = 4 \sin \omega t$$

In that case $x = -1$ will be the mean position and particle's amplitude co-ordinate are

$$x = 5 \text{ and } x = 3$$

Velocity in SHM:

- * Maximum velocities are $\pm a\omega$
- * Maximum velocity occurs at mean position and at extreme position, it is zero.



We know,

$$x = a \cdot \sin \omega t$$

\Rightarrow

$$\sin \omega t = \frac{x}{a}$$

$$v = a\omega \cos \omega t$$

$$= a\omega\sqrt{1 - \sin^2 \omega t}$$

$$= a\omega\sqrt{1 - \frac{x^2}{a^2}}$$

$$= \omega\sqrt{a^2 - x^2}$$

$$v = \omega\sqrt{a^2 - x^2}$$

at

$$x = 0, v = \pm a\omega$$

at

$$x = \pm a, v = 0$$

\Rightarrow

$$V^2 = \omega^2(a^2 - x^2)$$

\Rightarrow

$$V^2 = \omega^2 a^2 - \omega^2 x^2$$

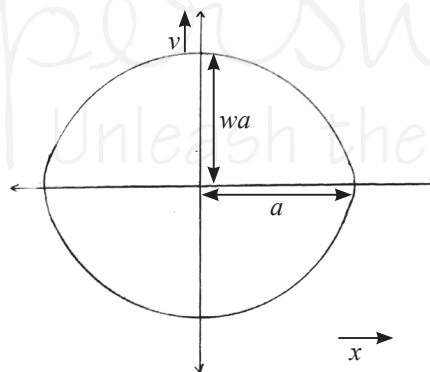
\Rightarrow

$$V^2 + \omega^2 x^2 = \omega^2 a^2$$

\Rightarrow

$$\frac{V^2}{(\omega a)^2} + \frac{x^2}{a^2} = 1$$

Graph b/w v & x will be an ellipse.



Ques.: The maximum speed of a particle performing SHM is 10 m/s, find speed when the particle is at distance half of the amplitude.

Solns.:

$$10 \text{ m/s} = a\omega$$

$$V = \omega\sqrt{a^2 - \frac{a^2}{4}}$$

$$= \omega\sqrt{\frac{3a^2}{4}}$$

$$= \frac{\sqrt{3}}{2} a\omega$$

Simple Harmonic Motion

$$= \frac{\sqrt{3}}{2} \times 10$$

$$= 5\sqrt{3} \text{ m/s}$$

Ques.: The time period of a particle performing SHM is 'T' find the time, taken by the particle to complete $\frac{3^{\text{th}}}{8}$ oscillation.

Solns.: In complete oscillation, a particle travels a distance $4A$, hence $\frac{3}{8}$ th oscillation would mean a distance of $\frac{3A}{2}$.

We can divide the distance in two parts.

Part 1: A distance A is travelled from mean position to extreme position. During this time taken = $\frac{T}{4}$.

Part 2: $\frac{A}{2}$ is travelled from extreme position towards mean position.

$$y = A \sin \omega t$$

$$\frac{A}{2} = A \sin \omega t$$

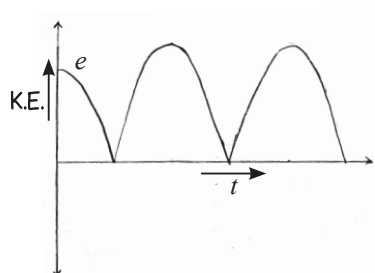
$$\Rightarrow \frac{1}{2} = \sin \left(\frac{2\pi}{T} t \right)$$

$$\Rightarrow \frac{5\pi}{6} = \frac{2\pi}{T} t$$

(Looking for solution b/w $t = \frac{T}{4}$ & $t = \frac{T}{2}$)

$$\Rightarrow \boxed{t = \frac{5T}{12}}$$

1. Kinetic Energy:



$$V = a\omega \cos \omega t$$

$$= \text{KE} = \frac{1}{2} m a^2 \omega^2 \cos^2 \omega t$$

$$\text{KE at time } t = E \cos^2 \omega t$$

Time period for variation of KE = (T/2)

Time period for variation of

$$x \rightarrow T$$

$$\text{Energy} \rightarrow T/2$$

$$V \rightarrow T$$

* Avg. value of KE with time

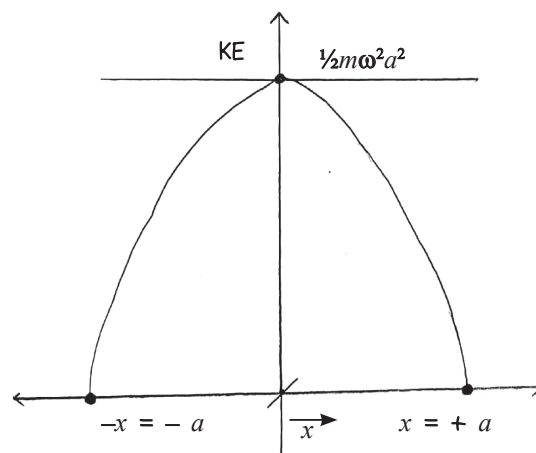
$$= \frac{1}{T} \int_0^T E \cdot \cos^2 \omega t \cdot dt$$

$$= \frac{E}{2T} \int_0^T \{1 + \cos 2\omega t\} \cdot dt$$

$$= \frac{E}{2T} \times T$$

$$\boxed{\text{KE}_{\text{avg}} = \frac{E}{2} = \frac{1}{4} m \omega^2 A^2}$$

* KE with distance:



Simple Harmonic Motion

$$\text{KE} = \frac{1}{2} m\omega^2(a^2 - x^2)$$

$$\text{KE} = \frac{1}{2} m\omega^2 a^2 - \frac{1}{2} m\omega^2 x^2$$

Avg. value of KE with

$$x = \frac{\int_0^a \frac{1}{2} m\omega^2 a^2 dx - \int_0^a \frac{1}{2} m\omega^2 x^2 dx}{\int_0^a dx}$$

$$= \frac{1}{a} \left[\frac{1}{2} m\omega^2 a^2 (a) - \frac{1}{2} m\omega^2 \frac{a^3}{3} \right]$$

$$= \frac{3}{6} m\omega^2 a^2 - \frac{1m\omega^2}{6} a^2$$

$$= \frac{1}{3} m\omega^2 a^2$$

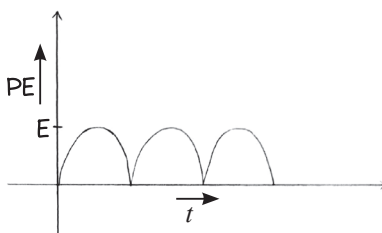
2. Potential Energy:

P.E. with time:

$$U = \frac{1}{2} m\omega^2 a^2 \sin^2 \omega t$$

$$= E \sin^2 \omega t$$

Avg value of PE with time



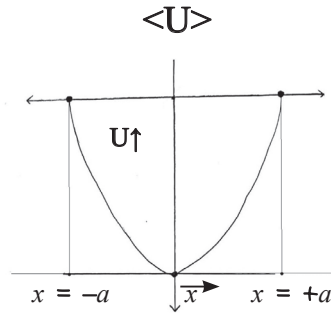
$$= \frac{\int_0^T (E \sin^2 \omega t) dt}{\int_0^T dt}$$

$$= (E/2)$$

$$E/2$$

PE with distance

$$U = \frac{1}{2} m\omega^2 x^2$$

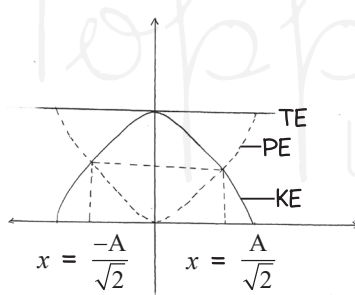


Avg PE with distance

$$\langle U \rangle = \frac{\int_0^a U dx}{\int_0^a dx} = \frac{1}{8} m \omega^2 a^2$$

Time period for variation of PE: $T/2$

3. Total Mechanical Energy:



$$E = KE + PE$$

$$= \frac{1}{2} m \omega^2 (A^2 - x^2) + \frac{1}{2} m \omega^2 x^2$$

$$E = \frac{1}{2} m \omega^2 A^2$$

The curves representing KE, PE and total energy

Ques.: A body of mass 1 kg is executing simple harmonic motion which is given by $x = 6$

$\cos(100t + \frac{\pi}{4})$ cm. What is the

- i. Amplitude of displacement
- ii. Angular frequency
- iii. Initial Phase
- iv. Velocity
- v. Acceleration
- vi. Maximum kinetic energy

Simple Harmonic Motion

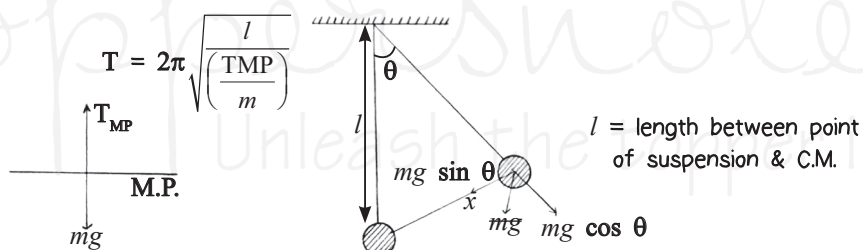
Solns.: The given equation is $x = 6 \cos(100t + \frac{\pi}{4})$
comparing it with $x = A \sin(\omega t + \phi)$

- i. Amplitude = **6.0 cm**
- ii. Angular frequency $\omega = 100 \text{ s}^{-1}$
- iii. Initial phase = $\frac{\pi}{4}$
- iv. Velocity $V = \omega \sqrt{A^2 - x^2} = 100 \sqrt{36 - x^2} \text{ cm/s}$
- v. Acceleration = $-\omega^2 x = -(100)^2 x = -10^4 x$
- vi. $\text{KE}_{\text{max}} = \frac{1}{2} m A^2 \omega^2 = \frac{1}{2} \times 1 \times (0.06)^2 \times (100)^2 = 18 \text{ J}$

Angular SHM:

- * In this type of SHM particle oscillates in a circular arc.
- * It can be a point mass or a rigid body.
- * In case of rigid body, oscillation of centre of mass should be considered.

1. Simple Point Mass (Simple Pendulum):



$$\text{(Restoring force) R.F.} = mg \sin \theta = mg (\theta) = mg \left(\frac{x}{l} \right)$$

$$\text{acc}^n = \frac{gx}{l} = \omega^2 x$$

$$\omega = \sqrt{\frac{g}{l}}$$

$$T = 2\pi \sqrt{\frac{l}{g}}$$

Concept of Effective Length:

$$T = 2\pi \sqrt{\frac{L_{\text{eff.}}}{g}}$$

Example:

2. Compound Pendulum (Rigid Body):

$$I = I_{\text{cm}} + ml^2 \Rightarrow I = mK^2 + ml^2$$

$$T = 2\pi \sqrt{\frac{M(K^2 + l^2)}{mgl}} = 2\pi \sqrt{\frac{\left(\frac{K^2}{l} + l\right)}{g}}$$

$$\Rightarrow L_{\text{eff.}} = l^2 + \frac{K^2}{l}$$

$$(2) \quad T = 2\pi \sqrt{\frac{L_{\text{eff.}}}{g}}$$

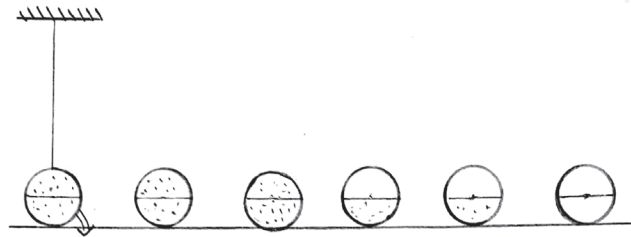
(3) $T \uparrow$ ses gradually then \downarrow ses suddenly

* A child on a swing stands up suddenly then $T \downarrow$ ses.

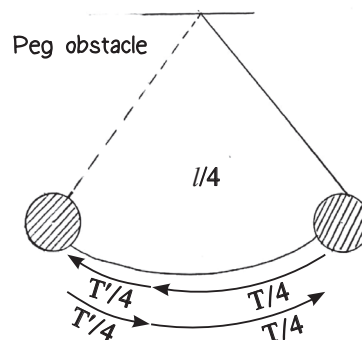
Working Rule for SHM:

1. Find MP (Where $F = 0$)
2. Displace the body from M.P.
3. Find new forces at new position
4. Find the force or its component towards MP, we call it restoring force.

$$\frac{F}{m} = \text{Acc}^n = \omega^2 x$$



T increases and then decreases and again reaches to same initial value.



Simple Harmonic Motion

Ques.: If the period of oscillations of a simple pendulum is 4 sec, find its length. If the velocity of the bob in the mean position is 40 cm/s, find its amplitude, $g = 9.8 \text{ m/s}^2$.

Solns.:

Period $T = 4 \text{ sec}$

Velocity at mean position

$$V_{\max} = 40 \text{ cm/s}$$

$$T = 2\pi \sqrt{\frac{l}{g}}$$

\Rightarrow

$$T^2 = 4\pi^2 \frac{l}{g}$$

\Rightarrow

$$l = \frac{T^2 g}{4\pi^2} = \frac{(4)^2 (9.8)}{4(\pi)^2}$$

\Rightarrow

$$l = 3.97 \text{ m}$$

$$\omega = \frac{2\pi}{T} = \frac{2\pi}{4} = \frac{\pi}{2} \text{ rad/s}$$

$$V_{\max} = \omega A$$

\Rightarrow

$$A = \frac{V_{\max}}{\omega} = \frac{40}{\pi} \times 2$$

\Rightarrow

$$A = 25.5 \text{ cm}$$

Ques.: Time period of simple pendulum on earth surface is T , now the pendulum is taken upto a height $= H = R/2$ where R is the radius of earth.

Solns.:

$$T = 2\pi \sqrt{\frac{l}{g}}$$

g^1 at $R/2$

$$= g^1 = \frac{g}{\left(1 + \frac{R}{2R}\right)^3} = \frac{4g}{9}$$

$$T^1 = 2\pi \sqrt{\frac{9l}{4g}}$$

$$T^1 = \frac{3T}{2}$$

Concept of g_{eff} :

* It is based on the acceleration of frame of reference in which the simple pendulum is suspended.

- * To calculate g_{eff} , we need to calculate tension at the equilibrium position divide by the mass.

$$g_{\text{eff}} = \frac{\text{Tension}}{\text{Mass}}$$

Lift Cases:

$$T - mg = ma$$

$$\frac{\text{Tension}}{\text{Mass}} = g + a$$

$$g_{\text{eff}} = g + a$$

$$T = 2\pi \sqrt{\frac{l}{g+a}}$$

Moving upwards with acc.:

$$T = 2\pi \sqrt{\frac{l}{g+a}}$$

Moving with constant velocity:

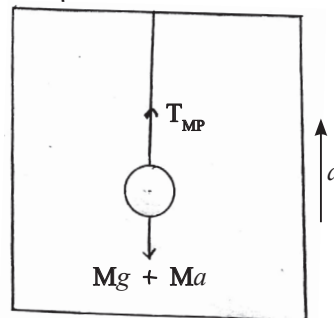
$$T = 2\pi \sqrt{\frac{l}{g}}$$

Free fall:

$$g_{\text{eff}} \rightarrow 0$$

$$T \rightarrow \infty$$

- * Time period of pendulum is independent from mass.



$$= \left[\frac{T_{\text{MP}}}{m} = g \right]$$

$$= T = 2\pi \sqrt{\frac{l}{(T_{\text{MP}} / m)}}$$

Simple Harmonic Motion

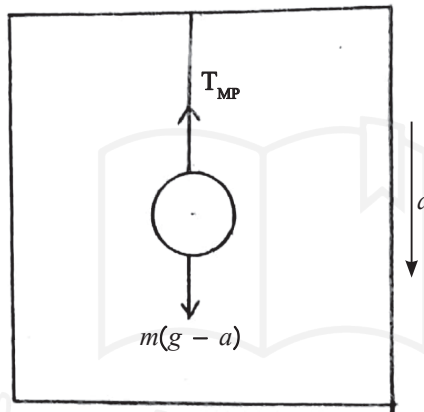
$$= T_{MP} = Mg + Ma$$

$$= \frac{T_{MP}}{M} = g' = g + a$$

$$= T^1 = 2\pi \sqrt{\frac{l}{g+a}}$$

* If lift is moving down with acc.:

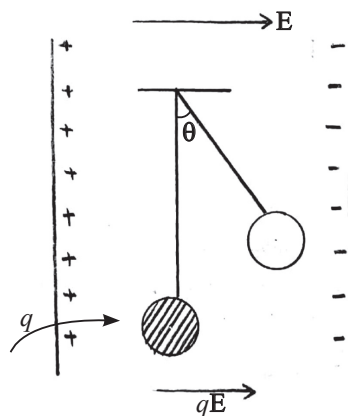
$$T^1 = 2\pi \sqrt{\frac{l}{g-a}}$$



* If lift is moving with constant velocity

$$T^1 = 2\pi \sqrt{\frac{l}{g}}$$

* Although in the above cases T_{MP} changes but MP does not change.



MP and T_{MP} both changes

$$\Rightarrow T \sin \theta = QE$$

$$\Rightarrow T \cos \theta = mg$$